

**GLUTEN-FREE EUGENE** ( <http://glutenfreeeugene.org>)

*This is a list of local restaurants where you should be able to find a gluten-free meal, but be aware of cross-contamination issues. Inclusion does not imply an endorsement or recommendation.*

**CAFE YUMM!**

The Meridian, 1801 Willamette St. (541.686.9866).  
130 Oakway Center (541.465.9866).  
730 East Broadway ( 541.344.9866).  
Delta Center, 1005 Green Acres Road (541.684.9866).  
The Crossroads, 3346 Gateway Rd, Springfield (541.747.9866).

**CAPELLA MARKET DELI**

2489 Willamette St. (541.345.1014)

**GO HEALTHY CAFÉ**

3802 W. 11th Ave (541.683.3164)

**LAUGHING PLANET CAFE**

760 Blair Blvd. (541. 868.0668)

**LOK YAUN**

2360 W. 11th Ave. (541.345.7448). *No MSG on request. Gluten-free menu.*

**MCGRATH'S FISH HOUSE**

1036 Valley River Way. (541.342.6404) *Gluten-free menu*

**OUTBACK STEAKHOUSE**

3463 Hutton Street, Springfield (541.746.7700) *Gluten-free menu*

**P.F.CHANGS**

124 Coburg Rd - Oakway Center (541.225.2015) *Gluten-free menu.*

**PAPA'S PIZZA**

1577 Coburg Rd (541.485.5555)  
1700 W. 11th Ave (541.485.5555)  
4011 Main St, Springfield (541.485.5555)  
*Gluten-free pizzas from GIG-certified kitchen.*

**SWEET LIFE PATISSERIE**

755 Monroe (541.683.5676)

*Fast food franchises that have an online list of ingredients or gluten-free items.*

**COLD STONE CREAMERY**, 112 Oakway Center

**SUBWAY**

**DAIRY QUEEN**

**JAMBA JUICE**, Green Acres and Delta Hwy

**WENDY'S**